



Food 4 Thought in the time of Zoom

We meet each week to exchange views, to listen, and to learn. We welcome and respect all who join us in this endeavor and ask everyone keep an open mind to all points of view.

Invitations with a link to a Zoom meeting are emailed (bcc) 24 hours in advance of the meeting to all active participants and those registered through Lewes Public Library's web page.

Meetings are open to the public and participation is entirely voluntary, but it is important all participants feel at ease during the discussion. This is very important to the viability of Food4Thought.

Guidelines

- Questions for discussion can be emailed ahead of time (f4tlewes2020@gmail.com) or raised at the time of the meeting. Please be succinct when posing your question.
- Any topic can be considered for discussion so long as respect and civility remain foremost in our actions and speech.
- Questions will be read aloud first, then read again for a vote to be tallied.
- All comments are welcome.
 - Please respond to opinions or points made, not the person making the point/ opinion.
 - Disagreement on ideas is encouraged, but personal attacks are not acceptable.
- Each person will typically have three minutes to speak. Time will be kept by a member of the group. A yellow flag will be raised at the 30 second mark. Please respect your fellow group members by closing your remarks when the red flag is raised.
- The moderator calls on Participants at his/her discretion until all who wish to comment have done so. The person posing the original question will have 3 minutes to provide some summary comments and reflection.
- Time permitting, we will ask for those wishing to speak to form a QUEUE by using Zoom's **Raise Hand** feature which is located under the Reactions button on the Zoom window.
- Only one person speaks at a time. Other participants are muted until called upon by the Moderator.
- Silence is OK; Participants can pass at any time or request to be placed later in the list.

More instructions on using Zoom and a brief tutorial are available at the Lewes Library website (lewes.lib.de.us).

We look forward to having you join us.

