



# Tips for Safe Use of Online Pharmacies

If you are looking for an online pharmacy, the following information will help you be sure that it is legitimate and safe.

## US Pharmacies

- Only use online pharmacies endorsed by the US National Association of the Board of Pharmacies (NABP).
- Go to the website <http://www.safe.pharmacy> to verify that a pharmacy was reviewed and approved by NABP. You will also find helpful tips on using online pharmacies safely.

## Canadian Pharmacies

- Look for Canadian International Pharmacy Association (CIPA)\* member pharmacies: [www.cipa.com](http://www.cipa.com)
- Verify that there is a Canadian street address and a Canadian telephone number on the website.
- If you are uncertain that a Canadian online pharmacy is legitimate, confirm their license at their provincial pharmacy registry: <http://www.napra.ca>

When verifying a Canadian pharmacy, remember that the name of the website is not the name of the pharmacy that provides your medication.

Look at the bottom of the page for the details of the pharmacy that will actually prepare your medications. Here is an example from [Canada Prescriptions Plus](#):

Prescription Medications are dispensed by: York Pharmacy  
#110-7389 128<sup>th</sup> St. Surrey, BC, V3W 4E6. Phone: 604-598-4679  
Pharmacy Manager: Grace Kim.

Avoid pharmacies that do not provide this information.

\* CIPA is a professional organization, not a government agency but does have a good safety record. Always confirm websites recommended by CIPA. Do not go by the CIPA red seal on a website, many online pharmacies use it without CIPA approval.

For assistance, please contact **Health Answers at Lewes Public Library**  
HealthHelpLPL@gmail.com (302) 703-3026

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